***FOURTH STEP INVENTORY: SEX CONDUCT*** *Read from bottom of page 68 through 70 of the Big Book before beginning.*

1. Column 1: "We reviewed our own conduct over the years past." (Complete column 1 from top to bottom. Do nothing with column 2, 3, 4, 5, 6, until column 1 has been completed.
2. Column 2: "We did we do?" (Complete column 2 from top to bottom. Do nothing with column 3, 4, 5, 6, until column 2 has been completed.)
3. Column 3: "We list the exact nature of our shortcomings. " (Complete column 3 from top to bottom. Do nothing with column 4, 5, 6, until column 3 has been completed).
4. Column4: "Did we unjustifiably arouse jealousy, suspicion or bitterness?" (Complete column 4 from top to bottom. Do nothing with column 5,6,until column 4has been completed).
5. Column 5: "Who did I harm? (Complete column 5 from top to bottom. Do nothing with column 6, until column 5 has been completed).
6. Column 6: "What should I have done instead?" (Complete column 6 from top to bottom).

| **Who Was It?** 1 | **What did we do?** 2 | **What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings.** 3 | | | | | **Did I unjustifiably arouse:** 4 | | | **Whom Did I Harm?** 5 | **What should I have done instead?** 6 |
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| We list the people with whom we have experienced sexual conduct. | We ask ourselves what we did | Was I Selfish? | Was I Dishonest? | Was I Inconsiderate? | Was I Self-seeking? | Was this relationship selfish? | Jealousy? | Bitterness? | Suspicion? | Who was harmed? | "We asked God to mold our ideals and help us to live up to them. We remem- bered always that our sex powers were God-given and therefore good, neither to be used lightly or selfishly nor to be despised and loathed." Page 69<br>"To sum up about sex: We earnestly pray for the right ideal, for guidance in each questionable situation, for sanity, and for the strength to do the right thing." Page 70 |
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