

HONESTY leads to ACCEPTANCE
FAITH leads to BELIEF
FAITHFULNESS leads to GUIDANCE
COURAGE leads to CLARITY
CONFESSION leads to FREEDOM
WILLINGNESS leads to SURRENDER
HUMILITY leads to UNITY
CONSIDERATION leads to FORGIVENESS
INTEGRITY leads to PEACE
PERSEVERANCE leads to TRANSFORMATION
AWARENESS leads to KNOWLEDGE
KNOWLEDGE leads to POWER
GENEROSITY leads to GRATITUDE
CHEERFULNESS leads to LAUGHTER



26 PRINCIPLES

From the 12 Steps of Media Addicts Anonymous

CONGRATULATIONS!
YOU HAVE COMPLETED
YOUR FIRST MONTH OF
BACK TO BASICS
"A DESIGN FOR LIVING"