

## 2 Month Forgiveness Letter

### SAMPLE

#### God Forgiveness Letter and the Turn Arounds

##### 1) Letter to me self-written from my Higher Power

Dear Me,

I am and always will be here of you. I am love and wish you to feel my love around you and surround you always. You are a part of me and I care about you and wish for your happiness. I am sorry that people taught you things about me that hurt you. I am sorry that you felt judged by me. I regret that I could not make your life easier, it was hard to watch you go through painful times. I am sorry you have been so hurt and that this life was not what you had hoped for or expected. I want to find a way to be closer to you, to comfort you and love you more. Can you forgive me for not being there in the way you needed all these years? Help me to know what you need from me, how you would like me to be for you. I will give you anything I can give to amend any bad feelings between us.

Love,  
Your Higher Power

2) Letter turned around. I read the letter as if I wrote it to you Higher Power, changing the words to fit the situation. (Hint: try to keep it simple and clear when changing words and keep as close to your original words as possible)

Dear Higher Power,

I am and always will be here of you. I am love and wish you to feel my love around you and surround you always. You are a part of me and I care about you and wish for your happiness. I am sorry that people taught ME things about YOU that hurt ME. I am sorry that you felt judged by me. I regret that I could not make your life easier, it was hard to watch you go through painful times. I am sorry you have been so hurt and that this life was not what you had hoped for or expected. I want to find a way to be closer to you, to comfort you and love you more. Can you forgive me for not being there in the way you needed all these years? Help me to know what you need from me, how you would like me to be for you. I will give you anything I can give to amend any bad feelings between us.

Love,  
Me

3) Letter is turned to me now. I write this to myself. I change some words to be clear on what I did to me.

Dear Me,

I am and always will be here of you. I am love and wish you to feel my love around you and surround you always. You are a part of me and I care about you and wish for your happiness. I am sorry that people taught ME things about YOU that hurt ME. I am sorry that you felt judged by me. I regret that I could not make your life easier, it was hard to watch you go through painful times. I am sorry you have been so hurt and that this life was not what you had hoped for or expected. I want to find a way to be closer to you, to comfort you and love you more. Can you forgive me for not being there in the way you needed all these years? Help me to know what you need from me, how you would like me to be for you. I will give you anything I can give to amend any bad feelings between us.

Love,  
Me.